New Student Health Requirements Checklist

Spring 2013

☐ Waive or Enroll in the Suffolk Student Health Insurance Plan (SSHIP) by January 31, 2013:

If you are enrolled in at least 75% of a Full-Time academic program, or you are an International Student, then you must either enroll or waive the Suffolk Student Health Insurance Plan (SSHIP) online by January 31, 2013. If you do not have a United States-Based health insurance plan that meets the requirements of Massachusetts Qualifying Student Health Insurance Plan state law then you will not be allowed to waive the Suffolk Student Health Insurance Plan (SSHIP). Failure to enroll or waive SSHIP online by the deadline will result in default-enrollment into the SSHIP and your student account will be charged the prevailing policy premium rate.

Follow these instructions to Waive or Enroll the Suffolk Student Health Insurance Plan:

1. Go to http://www.universityhealthplans.com/ and click on Suffolk University.
2. Click Suffolk University Student Insurance Plan and then click on Enrollment Form or Waiver Form.
3. Fill in the required information and complete the form; you will immediately receive a confirmation of your enrollment* or waiver. Print a copy for your personal records.
   *If you enrolled, allow 5 business days for your enrollment to be reflected in the insurer’s system. Your card will be mailed to you in @2-3 weeks from the day you enroll. If you have questions regarding your card, benefits or enrollment verification please call University Health Plans at 617/472-5324.

☐ All students must complete your Suffolk Online Student Health profile by January 31, 2013:

Follow these instructions to complete your Online Student Health Profile online:

1. Go to https://studenthealthonline.suffolk.edu/
2. Log In with your Suffolk email username & password and establish your secure account.
3. Complete the "Required Health Form" & "Health Insurance Information" sections.

☐ All students must submit the New Student Required Immunization Record Form by January 31, 2013:

If you are enrolled in a Full-Time academic program, or you are an International Student then the Massachusetts Department of Public Health (MA DPH) requires that you submit certain required immunization records to your enrolled university. Failure to comply with Immunization Requirements will result in a hold on your course registration.

Follow these instructions to complete your Immunization Record Requirements:

1. Go to www.suffolk.edu/health “New Students” section OR log into your Suffolk Online Student Health Profile at https://studenthealthonline.suffolk.edu/
2. Print out the "Required Immunization Record Form".
3. Ensure to have a licensed health care provider fully complete and sign the Immunization Form.


As part of our comprehensive alcohol prevention program, Suffolk University is requiring that each member of the first-year undergraduate class complete AlcoholEdu for College – an online, non-opinionated alcohol prevention program. Please note that the course includes three confidential surveys that measure students’ alcohol-related behaviors.

Follow these instructions to complete the Alcohol Edu Program Requirement:
1. Go to http://college.alcoholedu.com and enter password: 11C168005firstyear
2. The course has two sections, both of which must be completed to fulfill this requirement.
New Student Required Immunizations Overview

IMPORTANT!! - Failure to comply with Immunization Requirements will result in a hold on your course registration.

The Massachusetts Department of Public Health requires all full-time students, and all international students, to submit the following immunization records to their enrolled college or university. These are the Required Immunizations for Academic Year 2012-2013:

- **TDaP**: 1 dose TDaP OR a Tetanus-Diphtheria Booster (undergraduate freshmen & sophomores within the past 5 years, all other classes within the past 10 years).

- **MMR**: 2 doses MMR vaccine (measles, mumps, rubella) OR 2 Measles, 1 Mumps and 1 Rubella. MMR Dose 1 must be after the first birthday; MMR Dose 2 must be at least one month after the 1st dose.

- **Hepatitis B**: 3 doses at required intervals: 1st & 2nd dose 1 month apart; 2nd & 3rd doses at least 2 months apart (preferably 4 months apart).

- **Meningitis**: (required only for student housing): 1 dose of Meningococcal Polysaccharide Vaccine within the last 5 years OR 1 dose of Meningococcal Conjugate Vaccine at anytime in the past OR completion of a signed waiver.

- **Varicella**: (required only for undergraduate freshmen & sophomores): 2 doses at least 1 month apart OR documentation from a licensed medical professional proving history of disease.

The Office of Health & Wellness is here to help. Students can choose to receive these immunizations at our office. **Immunizations are free for students enrolled in the Suffolk Student Health Insurance Plan.** Please visit us during our Walk-In Clinic hours (below) or you can call to make an Appointment. Please remember if you decide to receive immunizations through our office payment will be due at the time of appointment (cash or check). For more information please call us or you can visit our website [www.suffolk.edu/health](http://www.suffolk.edu/health).

Walk-In Clinic: Monday-Friday 9:00am to 4:00pm (bring your Suffolk ID)
Office Hours & Appointments: Monday-Thursday 8:00am-6:00pm, Friday 9:00am-5:00pm
*except university-observed Holidays*
New Student Required Immunization Record Form

IMPORTANT: This immunization record form must be completed & signed by a licensed medical provider and then returned to Suffolk’s Office of Health & Wellness Services; it will not be accepted without the provider’s signature, address and telephone number. (Supplemental forms may be acceptable, i.e., school records, Doctor’s office medical records.)

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_____ I have enclosed a signed waiver (found at: [http://www.suffolk.edu/offices/2624.html](http://www.suffolk.edu/offices/2624.html)) stating that I do not wish to receive the meningitis vaccine. (The signed waiver must accompany this form.)

If you are unable to provide documentation of your immunization records for Measles, Mumps and Rubella, Hepatitis B, or Varicella you can have a titer drawn showing that you are immune. You must provide a copy of the titer lab report with this form.

**IMPORTANT!! - Failure to comply with Immunization Requirements will result in a hold on course registration. The Massachusetts Department of Public Health requires all full-time students, and all international students, to submit these immunization records to their enrolled college or university. These are the Required Immunizations for Academic Year 2012-2013:**